



PORT
TARRACO

Customer Service
Guide



PORT
TARRACO



Contents

Welcome to Port Tarraco and Tarragona	4
Useful Websites	6
Socialising and Leisure Activities	7
Apartments and Hotels	8
Health and Beauty	9
Sports and Outdoor Activities	11
Going Out	14
Other General Services in Tarragona	17
World Heritage Sites in Tarragona	18
Important Dates in the Spanish/Catalan Calendar	19
Information	22
Tarragona Centre Map	26





Welcome to Port Tarraco and Tarragona

We'd like to take this opportunity to offer you a very warm welcome to our marina and the beautiful city of Tarragona.

Whether this is your first time here or you are well-acquainted with Tarragona, our Customer Service department is on hand to ensure your stay is as comfortable as possible and to help you bridge the gap between work and play.

Tarragona, just one hour south of Barcelona, is famed for being a beautiful, vibrant and historical UNESCO World Heritage Site, with a colourful and diverse culture. Not only is it a wonderful and interesting city, but it is also surrounded by gorgeous coastlines, mountains, national parks and a rich wine country, home to some of the finest Spanish wines. Whether you are here for a brief or extended stay, there really is no excuse for getting bored.

Our dedicated team is happy to assist with any kind of enquiry, from booking hotels and leisure activities to providing help with transfers, customs procedures, courier services, special transport, laundry services, medical assistance, tourist routes and flower delivery. You name it!

As well as helping you negotiate the day-to-day practicalities of working and living in a foreign or unfamiliar place, we would also be delighted to help you make the most of our wonderful city and have an excellent and memorable time.



Here are just some of the things that we can organise or provide advice on:

Settling into Tarragona and Concierge Services

- Customs procedures
- Visa procedures and processing
- Ship-clearance processing
- Maritime Authority and Port Authority Procedures
- Courier services
- Special transport
- Laundry services
- Flower delivery
- Hotel and apartment discounts (short & long-term rentals)
- Travel - planes, trains and automobiles
- Tourist routes
- Finding your way around
- Shopping recommendations

Cultural Activities

- Language classes
- Cultural visits and trips
- Sightseeing recommendations

Socialising and Leisure Activities

- Bars, restaurants and clubs
- Concert and theatre tickets
- Cinema and gig information
- Sporting events, golf and skiing
- Classes/courses (dance, sports, music, art, languages, etc.)
- All other activities you require

Health and Beauty

- Medical appointments (general, emergency and specialists)
- Gym memberships
- Sports facilities and information
- Spas
- Beauty salons
- Hair salons
- Massage and treatments

Recommendations & Discounts

As with all great cities, Tarragona is constantly evolving and changing. Therefore, as well as relying on “old favourites” we strive to constantly update our recommendations and look for the latest and very best options for the crew and clients. The Customer Service department has also negotiated discounts with many companies and organisations, which we pass directly on to clients and crew. For more information, just ask!



Useful Websites

Sight-seeing:

Tarragona is a beautiful and fascinating city, steeped in history and culture that span more than 2,000 years. In the space of a short walk, you can wander from the Roman ruins and amphitheatre, up through the mediaeval heart of the old town to finish in the Rambla Nova district, where you can marvel at some of the finest examples of Modernist architecture. Whatever your passion, be it architecture, art, theatre, music, gastronomy or sport, Tarragona has a wealth of sights and experiences for you to discover.

www.tarragonaturisme.cat/en

The official Tarragona tourist information guide.

www.turismotarragona.com

Official guide services.

www.tarragona.cat

The official Tarragona City Council website.

www.costadaurada.info

The official Tarragona province tourist information guide.

www.spain.info/en

A great tourist information website.

www.rogles.org

Adventure activities in Tarragona.

www.yougodo.com

Another guide on activities in Tarragona and its surrounding areas.

www.sumerge-te-tarragona.com

A “What’s on” guide for major Spanish cities.

www.tarragonablog.com

Another useful events guide for Tarragona.

Specialised websites can be found in their corresponding sections.

Socialising and Leisure Activities

As well as being on hand to offer you recommendations on where to go and what to do during your time off, we regularly organise events to give crews an opportunity to get to know each other and have fun.

In and around Tarragona there are endless social and cultural activities available to match all budgets and energy levels. So, whether you are after something inexpensive and relaxing or have the budget to spend on some high-adrenaline excitement, there is something for everyone.

Here are just a few of the things that might entice you to leave the crew mess:

- Restaurants, bars and clubs
- Bowling
- Outdoor go-karting
- Rollerblading
- Theatre trips
- Flamenco shows
- Gigs
- Adventures in nature
- City tours
- Sightseeing
- Sailing
- Yoga and Pilates
- Fitness and sport centres
- Aqua Leon - water park with an animal safari
- Rock-climbing (indoor and outdoor)
- Paintballing
- Horse riding
- Surfing
- Scuba-diving
- Skiing and Snowboarding
- Hiking
- Camping
- Football clubs
- Port Aventura theme park visits
- Fiestas in Tarragona
- Indoor activity centre
- Dance centres and music schools
- Aquopolis - large waterpark

If you'd like more information on any of the above or would like us to organise a trip, please ask our Customer Service team.





Apartments and Hotels

Whether you are looking to accommodate an entire crew for a long refit period or you just want to find a well-priced hotel room for a weekend visitor, the Port Tarraco Customer Service department is here to help.

We work with a large number of rental agencies and hotels to ensure that we can always find the best option for you.

Apartments

As well as being the logical option for an extended stay, apartments can sometimes be an economical and comfortable option for a short visit to Tarragona. If you would like to find out more about the rental options for yourself, contractors, visitors, guests or friends, please contact the Customer Service department.

Let us know your requirements and preferences and we will organise a quote from an agency with a portfolio that matches your request.

We can also provide office space in the marina itself, which can be used for different requirements.

Hotels

Please ask for the latest version of our hotel recommendation list (3/4/5* hotels) as it is updated regularly.

Our team has negotiated special Port Tarraco rates for you.

For information on and assistance with hotel bookings and apartment rentals, please contact Customer Service.

Health and Beauty

A berthing period at Port Tarraco is the perfect opportunity to put the stress and strains of a busy season behind you and pamper yourself a little (or preferably a lot). The immediate vicinity of Port Tarraco is home to a wide variety of services to pamper your mind and body, including modern spas, gyms and sports activities, which are open to visitors, to ensure your stay is wholesome and reinvigorating.

For more options or detailed information on the following services, please contact our Customer Service department.

Here are just a few recommendations...

Beauty Salons and Massage

Le Meridien Ra

Le Meridien Ra belongs to the Starwood hotel chain and has a fantastic spa with a large terrace, overlooking the beach. It is located in El Vendrell (San Salvador), fewer than 30 minutes north of Port Tarraco.

Phone: +34 977 694 200
www.lemeridienra.es/en

Gran Palas Hotel

This spa offers themed and specialised spa services, as well as beauty treatments from five continents to experience “salus per aquam” (health through water) with all five senses.

Phone: +34 902 370 808
www.granpalashotel.com

Mas Passamaner

Mas Passamaner spa, in La Selva del Camp, is set in an exclusive five-star hotel, renowned for its design and cuisine. You can enjoy a range of beauty treatments and relaxing therapies such as massages, face treatments, electrotherapy, spas and hydrotherapy.

Phone: +34 977 766 333
www.maspassamaner.com

Hotel Termes Montbríó

Dive into the exciting world of thermal therapy, a fusion of art and science. Let mind and body relax and connect with the purity of the waters, just as the ancient Greeks did in their day.

Phone: +34 977 814 000
www.termesmontbrio.com



► Aesthetic and physiotherapy

Estética y Belleza Yodonna
Phone: +34 977 224 992
www.esteticayodonna.com

Fisiotherapy Tarragona
Phone: +34 977 222 251
www.fisio-therapy.es

Instituto Tao - Acupuncture
Acupuncture and rehabilitation.
Phone: +34 977 235 613
www.institutotao.es

Hairdressers

Antonieta Agustí Perruqueries
Phone: +34 977 244 503
www.antonietta-agusti.com

Cebado
Phone: +34 977 222 770
www.cebado.es/location/tarragona

Raffel Pages
Phone: +34 977 234 050
www.raffelpages.com/raffel-pages-tarragona-43001.aspx

Salmerón Peluquerías
Phone: +34 977 243 655
www.salmeronpeluquerias.com

Nutrition and Diet

Dra. M^a Teresa Huguet
Doctor of nutritional, dietetic and aesthetic medicine. Osteopathy and physiotherapy services.
Phone: +34 977 231 509
www.drahuguet.com

Doctors, GPs, Dentists and Hospitals

Médica de Tarragona
All specialists, incl. dentists. English-speaking doctor.
Phone: +34 977 252 575
www.medicadetarragona.es

Clínica Monegal
For emergencies and special tests and analyses. No dental emergencies.
Phone: +34 977 225 012
www.clinicamonegal.es

Centro Médico Rambla Nova
All specialists, including dentists.
Phone: +34 977 250 000
www.cmrn.cat

Centro Médico Roma
Specialist in ophthalmology, with boat visits. Opening hours: Mon-Fri 09:00 - 14:00 and 15:30 - 20:00
Phone: +34 977 235 577

Institutos Odontológicos - Tarragona
Dental clinic. Emergency service.
Phone: +34 977 249 966
www.ioa.es/dentistas-clinicas-dentales/clinica-dental-tarragona.html



Sports and Outdoor Activities

Gym Memberships

Reial Club Nàutic de Tarragona

This club has over 125 years' experience in offering professional yachting and boating services, including sailing and nautical training. The club offers a huge range of nautical activities, such as sailing, windsurfing, boat rides, paddle surf, rowing, kayaking, etc., as well as other activities, such as padel tennis courts and various gym facilities.

Phone: +34 977 240 360
www.rcntarragona.com

Pavelló d'esports El Serrallo

The centre offers a wide array of complete, modern gym facilities, with heated swimming pools and fully-equipped fitness centres.

Phone: +34 977 245 779
www.tarragonaesports.cat/02_1_serrallo_1.htm

Club de Futbol Salou

The club offers a variety of activities and sports facilities for individuals and groups alike.

Phone: +34 977 389 000
www.futbolsalou.es

Club Tennis Park

A sports club where you can play tennis, paddle tennis, get a workout at the gym or just have a good time with friends.

Phone: +34 977 207 463
www.tennis-park.net

Tarragona Padel Indoor

Great paddle tennis club with 10 indoor courts, 7 outdoor courts and a centre court. In addition to paddle and tournaments, the club offers beach volleyball and a gym.

Phone: +34 977 106 023
www.tarragonapadelindoor.es

Club Runners Tarragona

Passionate about running? At the Tarragona Runners' Club you can meet other enthusiasts of the sport and train with them or take part in competitions.

www.runnerstarragona.com

For information in English on sports in general, yoga, Pilates or dance classes, please contact Customer Service.



► Golf Clubs

The Costa Daurada around Port Tarraco and Tarragona offers myriad golf clubs and pitch & putt clubs. The Royal Spanish Golf Federation (Real Federación Española de Golf) promotes and controls golf activities in Spain, organises national and local tournaments and ensures that the rules set by the Royal and Ancient Golf Club of St Andrews (R&A) are respected.

For a select list of recommended golf clubs in the area, have a look at the following suggestions:

Club de Golf Costa Dorada Tarragona - El Catllar
Phone: +34 977 653 361
Carretera El Catllar, Km 2,7
El Catllar, Tarragona (11,7 km from Port Tarraco)
www.golfcostadoradatarragona.com

Lumine Golf Club
Phone: +34 977 129 070
Cami de Racó, s/n
La Pineda, Tarragona
(12,6 km from Port Tarraco)
www.lumine.com/en

Club de Golf Reus Aigüesverds - Reus
Phone: +34 977 752 725
Carretera Reus - Cambrils, Km 1,8 Mas Guardia
Reus, Tarragona (17,9 km from Port Tarraco)
www.golfreusaiguesverds.com

Club de Golf Bonmont Terres Noves
Phone: +34 977 818 140
Urbanización Terres Noves, 84
Mont-Roig del Camp, Tarragona
(39,7 km from Port Tarraco)
www.bonmont.es/uk

Club de Golf la Graiera - Calafell
Phone: +34 977 168 032
Carretera Calafell - Bellvei, Km 2
Calafell, Tarragona (40,8 km from Port Tarraco)
www.graiera.es

Pitch and Putt Vendrell
Phone: +34 977 668 031
C/ Schubert, s/n - Urb. El Vendrell Mar
El Vendrell, Tarragona
(38,2 km from Port Tarraco)
www.pitchandputtvendrell.es/eng

Other well-known golf courses in the vicinity of Tarragona province include:

Real Club de Golf El Prat
Phone: +34 937 281 010
Plans de Bonvilar, 17
Terrassa, Barcelona (106 km from Port Tarraco)
www.realclubdegolfelprat.com/en

Real Club de Golf Cerdanya
Phone: +34 972 141 408
Devesa del Golf, s/n
Puigcerdà, Girona (208 km from Port Tarraco)
www.rcgcerdanya.com

Aravell Golf
Phone: +34 973 360 066
Avenida del Cadí, 2
Aravell, Lleida (183 km from Port Tarraco)
www.aravellgolfclub.com

Club de Golf Costa Brava
Phone: +34 972 837 272
Urb. Golf Costa Brava "La Masia"
Sta. Cristina d'Aro, Girona
(194 km from Port Tarraco)
www.golfcostabrava.com/en

For information on other golf and pitch & putt courses in the area, contact our Customer Service.





Skiing in the Area

With the Pyrenees Mountains just a two-hour drive from Tarragona, skiing is a very popular winter sport in the region. There are a number of ski destinations in Catalonia within easy reach of Tarragona, which offer a variety of snow-based activities.

Vall de Núria (Queralbs)

Vall de Núria is a fun-oriented ski station, equipped with services such as a ski school, snow park, medical services, etc. You can also go cross-country skiing and on snowshoe outings. The slopes are near the stunning valley of Núria, one of the most popular tourist destinations in Catalonia.

Phone: +34 972 732 020
Queralbs, Girona
www.valldenuria.cat

La Molina

La Molina is almost 100 years old and has been a pioneer ever since it was first opened. It was the first station in Spain to install a ski lift, it introduced snow canons and had the first 4-seater chair lift.

Phone: +34 972 892 031
La Molina, Girona
www.lamolina.cat/en

Valter 2000 (Setcases)

The great thing about Valter 2000 is its proximity to some fantastic tourist spots, including Oix and

Beget, sandwiched between the Alta Garrotxa and the Ripollès regions. It is extremely mountainous, with impressive crags, dotted with important Romanesque architecture. It is also close to some beautiful Pyrenean towns and villages, where the traditional way of life is kept alive, and the stunning Camprodon Valley, spattered with stone houses.

Phone: +34 972 136 057
Setcases, Girona
www.vallter2000.com

Masella (Alp)

In the Cerdanya region, the ski resorts are extremely popular with skiers because of the fantastic landscape and excellent services and infrastructures. Masella is also close to the beautiful town of Puigcerdà where on the last Saturday in February they celebrate the local festival of Trinxat.

Phone: +34 972 144 000
Alp, Girona
www.masella.com/en/home

Baqueira/Beret

Number of Runs: 72; Contour Elevations: 2.510 - 1.500 m; Skiing extension in kilometres: 104; Artificial snow: 549 snow cannons; Drag lifts: 5; Chairlifts: 20; Ski School: Yes
Phone: +34 973 639 025
Naut Aran - Baqueira, Lleida
www.baqueira.es

Boi Taüll Resort

Number of Runs: 49; Contour Elevations: 2.020 - 2.750 m; Skiing extension in kilometres: 43;

Artificial snow: 155 snow cannons; Drag lifts: 6; Chairlifts: 7; Ski School: Yes
Phone: +34 973 696 264
Taüll, Lleida
www.boitaullresort.com

Esport Esquí Resort

Number of runs: 30; Contour elevations: 1,500 - 2,500 m; Skiing distance: 31.5 km; Artificial snow: 89 snow cannons; Drag lifts: 7; Chairlifts: 2; Ski school: Yes.
Phone: +34 973 621 199
Esport, Lleida
www.skipallars.cat/en (select: Ski Resorts>Port Ainé)

Port del Comte

Number of runs: 36; Contour elevations: 1,700 - 2,400 m; Skiing distance: 40.70 km; Artificial snow: 200 snow cannons; Drag lifts: 8; Chairlifts: 5; Ski school: Yes.
Phone: +34 973 492 301
Sant Llorenç de Morunys, Lleida
www.portdelcomte.net

Port Ainé Ski Resort

Number of runs: 33; Contour elevations: 1,650 - 2,440 m; Skiing distance: 44 km; Artificial snow: 90 snow cannons; Drag lifts: 6; Chairlifts: 3; Ski school: Yes.
Phone: +34 973 621 199
Rialp, Lleida
www.skipallars.cat/en (select: Ski Resorts>Port Ainé)

For information on other Ski destinations in the area and skiing excursions organised by our team, contact Customer Service.



Going Out

Where do we start? Tarragona has a dizzying array of options for night-time entertainment, which cater to all tastes. For this reason, it's almost impossible to provide a comprehensive guide to what the city has to offer in just a few pages.

As I'm sure you will agree, stumbling across little places that become some of your favourite hang-outs is part of the fun of exploring a new city, and we don't want to ruin your adventure by giving away all of the city's secrets. Besides, as most yachties seem to have a built-in homing device to navigate them to the nearest watering hole, within a few short weeks, the majority of crew know the restaurants, bars, pubs and clubs better than most Tarragona locals.

Restaurants

As Tarragona's vast restaurant scene is forever changing, we are constantly discovering new and exciting places to go, so please ask for our most up-to-date list of recommendations. However in the meantime, have a look at the following suggestions.

Here is just a short list of popular restaurant options to whet your appetite and get you started:

Traditional Catalan Cuisine "Catalan Food"

This is an excellent website where you can search through hundreds of restaurants in Tarragona and surrounding areas.

www.buscorestaurantes.com/restaurantes/cocina-regional/cocina-catalana/en/Tarragona

And have a look at the following suggestions for great Catalan restaurants in Tarragona:

Les Fonts de Can Sala

Phone: +34 977 228 575

www.lesfontsdicansala.com

Les Coques

Phone: +34 977 228 300

www.les-coques.com

Les Voltes

Phone: +34 977 230 651

www.restaurantlesvoltes.cat

El Tiberi

Phone: +34 977 242 896

www.eltiberi.com

Spanish/Catalan Tapas

Tarragona is home to hundreds of diverse tapas restaurants that offer a great variety of tapas for

everyone's tastes. When you walk through the city, you will be amazed by the variety just around the corner.

Cerveseria La Nau

Phone: +34 977 228 719

Meat

"Meat Restaurants"

This is an excellent website where you can search through many fantastic meat restaurants in Tarragona and the surrounding areas.

www.restarium.com/restaurantes/tarragona-ciudad/braseria

TXANTXANTGORRI

Phone: +34 977 230 062

ARCS Restaurant

Phone: + 34 977 218 040

www.restaurantarcs.com

Can Bellot

Phone: +34 977 249 557

Fish

"Fish Restaurants"

This is an excellent website where you can search through many fantastic restaurants specialising in fish in Tarragona and surrounding areas.

www.restarium.com/restaurantes/provincia/tarragona/marisqueria

Manolo Restaurant

Phone: +34 977 223 484

www.restaurantmanolo.net

Barquet Tarragona

Phone: +34 977 240 023

www.restaurantbarquet.com

L'Onada Restaurant

Phone: +34 977 215 053

www.lonada.cat

Ca l'Eulalia

Phone: +34 977 215 075

www.caleulalia.com

Healthy/Vegetarian

Al Natural

Restaurant of vegetarian, organic and seasonal products.

Phone: +34 977 216 454

L'espiga d'Or

Phone: +34 977 225 508

www.lespigaedor.net

Brunch

Sirco

In addition to offering high-quality food supplies and catering, Sirco organises magnificent brunches right in the marina.

Phone: +34 977 211 714

www.sircogestion.com

Here are some other fantastic options for long brunches and lunches in and around Tarragona:

La Boella

Phone: +34 977 771 515

www.laboella.com/en

Restaurant La Grava

Phone: +34 977 842 555

www.lagrava.com

Mas Folch

Phone: +34 977 260 131

www.masfolch.com

AQ Restaurant

Phone: +34 977 215 954

www.aq-restaurant.com

Can Bosch

Phone: +34 977 360 019

www.canbosch.com

Beach-side

During the day, the following restaurants offer fantastic beach-side terraces with the perfect atmosphere for chilling out. By night, they transform into cool lounge venues:

Tòful de Mar

Phone: +34 977 207 020

www.tofuldemar.com

La Caleta

Phone: +34 977 234 040

www.restaurantlacaleta.es

Mas Roselló

Phone: +34 977 241 828

www.masrosello.com



For more information on other Spanish and foreign-cuisine restaurants in the area, and events, lunches and dinners organised by our team, contact Customer Service.



► Pubs and bars

Tarragona is home to hundreds of pubs and bars. The best way to discover the ones you like is to explore!

For a select list of recommendations, take a look at the following suggestions...

Bars/Pubs

Highland

With two venues in the same place, Highland is not only a pub, but also a disco club that offers diverse entertainment. In addition to the fun bar atmosphere, you can find anything from salsa and tango classes to concerts and college parties.

Phone: +34 977 228 335
www.highlandtarragona.com

Sol de Nit

Offers a great atmosphere for a fun night out.

Phone: +34 977 300 300
www.soldenit.com

You will find many other bars and pubs in Tarragona. Whether you are looking for a cold beer, a long night out, dancing or karaoke, you will find a place to suit your mood.

Clubs and Music Venues

La Cage

Phone: +34 977 370 074
www.lacage.es

Pacha La Pineda

This night club is divided into three venues: chill out, crazy room and main dance floor. It also has VIP areas available. In the summer, it has diverse outdoor areas with fast food available.

Phone: +34 977 370 074
www.pachalapineda.com/2012/en

Flash Back

This fun night club and disco organises different events at the weekends.

Phone: +34 977 382 016
www.flashbacksalou.com

For more information on what events/gigs are coming up, take a look at:

www.costadaurada.info

Information on the Costa Daurada area, including a "What's on" section about events and happenings in the area.

www.tarragonaturisme.cat

Very useful website for general information and events taking place in Tarragona.

Other General Services in Tarragona

Carnicas Fillat - English Supermarket

Carnicas Fillat are the suppliers to many bars and restaurants in the Costa Daurada area. They have now opened a little shop inside their general warehouse where they sell lots of imported British foods.
Phone: +34 977 390 942
Pol. Ind. Estació - Nau 7
Vilaseca (Tarragona)
www.carnicasfillat.com

B2B Translations.

Full service translation agency.

Translation and interpretation services in any language.
Phone: +34 977 208 215
C/ Oreneta
Tarragona
www.b2btrans.net

Tarragona City Hall

Tarragona City Hall offers a wealth of information and it is the place to register your arrival in town. Its website is also a good port of call for information.
Plaça de la Font, 1
Tarragona
www.tarragona.cat

International House

Founded in 1980, the International House Tarragona language school is located in the heart of Tarragona. They offer language classes for young learners, teenagers, adults and companies. All teachers at International House are native speakers of the language they teach.
Phone: +34 977 234 004
Rambla Nova 99, 1
43001 Tarragona
www.ihes.com/tar





Tarragona, UNESCO World Heritage Site

The city of Tarragona, with more than 2,000 years of history, has been declared a World Heritage Site. In the Tarragona region, around the city itself, there are several interesting, must-visit sites.

You will find more information on this websites:

whc.unesco.org/en/list/875
www.tarragonaturisme.cat/en

For a select list of recommendations, have a look at the following historic, architectonic and natural sites:

- [Tarragona Cathedral and Diocesan Museum](http://www.tarragonaturisme.cat/en) www.tarragonaturisme.cat/en (select: museums and monuments>monuments)
- [Monestir de Poblet](http://www.poblet.cat) www.poblet.cat
- [Monestir de Santes Creus](http://www.en.mhcat.cat) www.en.mhcat.cat (select: monuments>Royal Monastery of Santes Creus)
- [Parc Natural del Monsant](http://www.turismepriorat.org/en) www.turismepriorat.org/en
- [Parc Natural del Delta de l'Ebre](http://www.terresdelebre.travel/ing) www.terresdelebre.travel/ing
- [Parc Natural dels Ports](http://www.terresdelebre.travel/ing) www.terresdelebre.travel/ing

Also, check out the following:

- [Monestir de Vallbona de les Monges](http://www.monestirvallbona.cat/en) www.monestirvallbona.cat/en
- [Catalan Romanesque Churches of the Vall de Boi, UNESCO World Heritage Site:](http://www.centreromanic.com) www.centreromanic.com
- [Modernism Route](http://www.rutadelmodernisme.com) www.rutadelmodernisme.com
- [Modern Architecture in Barcelona](http://www.mimoo.eu) www.mimoo.eu (select: popular cities>Barcelona)

Important Dates in the Spanish/Catalan Calendar

The Spanish and Catalan people are renowned for their love of a good celebration and willingly find any excuse to turn even the smallest occasion into an impressive “fiesta”.

The bigger, louder and the more colourful, the better.

And in Catalonia, if it can involve giants, human castles, fireworks and children running around dressed as devils, then everyone’s happy (except possibly the ‘city’s health and safety officers).

So here are just some of the dates in the Tarragona calendar when you might find a firework screaming past your ear and wonder why the entire city is going crazy.

1 January - Any nou (New Year’s Day)

5 January - “Cabalcada dels Reis Mags”. The Cabalcada is an incredible procession that winds its way through the streets of Tarragona celebrating the “3 Kings” (or 3 wise men) and throwing sweets to young and old alike.

6 January - Els Reis Mags, for many Spanish families this is like a second Christmas, and it is a Spanish public holiday.

Setmana Santa - Being a Catholic Country, Spain takes its Easter celebrations very seriously and there are always lots of things to see and do.





► **23 April - Sant Jordi**

Saint George is the Patron Saint of Catalonia. Although the day is not an official public holiday, it is the Catalan equivalent of St. Valentine's Day and is celebrated by all as the most romantic day of the year. Traditionally, all women receive a rose from their lovers and the men receive a book, which means the streets are packed with book fairs and flower stalls. This is a lovely day to wander through the streets, soaking up the atmosphere.

23 June - "La revetlla de Sant Joan" (The eve of Saint John's Day)

On the eve of 23 June there are enormous parties and festivals all over Catalonia and some other places in Spain, to celebrate the eve of Saint Joan and the Summer Solstice. In a representation of the purification of fire and water, bonfires are traditionally built in the city squares, there are amazing fireworks displays all over the city and many people spend the night on the beach, swimming in the sea at midnight to celebrate the beginning of the summer.

24 June - Sant Joan (Saint John's Day)

A bank holiday spent mainly recovering from the celebrations of the night before.

11 September - Diada Nacional de Catalunya (Catalonia National Day)

All over Catalonia, people enjoy a regional bank holiday and take the opportunity to celebrate all things Catalan.

24 September - Festa Major de Santa Tecla (Festival of Santa Tecla)

In Spain, every city, town, village and neighbourhood has its own "fiesta mayor" (festival dedicated to the place; in Barcelona, for instance, it is called "La Mercè"), and for Tarragona it is the Festival of Santa Tecla. In true Tarragona style, not only do they celebrate the actual day, but plan an entire week of free parties, festivals, concerts and social and cultural events. For many, the week of Santa Tecla is the most vibrant and exciting time in the social calendar, and there is always something for everybody to enjoy.

12 October - Spanish National Day

A nationwide public holiday in honour of the Spanish people, culture and country.

1 November - Tots Sants (All Saints' Day)

Halloween is not a traditional celebration in Catalonia or Spain, although it's becoming more popular with the younger generation ('another great excuse for a party'). However, All Saints' Day is recognised here and honoured with a Spanish public holiday.

6 December - The Day of the Spanish Constitution

This nationwide public holiday dates back to 1978 and commemorates the first Spanish constitution of 1978.

8 December - La Immaculada

In keeping with Spain's catholic tradition, the feast day of "The Immaculate Conception" is celebrated with a Spanish public holiday, which, teamed with the constitution day, often means a "Puente" (bridge), a long holiday weekend.

24 December - La Nit de Nadal (Christmas Eve)

Although technically a normal working day, most people finish early to celebrate La Nit de Nadal by partying with family and friends.

25 December - Nadal (Christmas Day)

As with most countries these days, the build-up to Christmas starts weeks before the actual date, and in Tarragona and Barcelona they do it in style, with beautiful Christmas markets and elaborate street decorations. This is 'a very magical time to wander around the city and enjoy the festive atmosphere!

26 December - Sant Esteve (Boxing Day)

Another day to spend with family and friends, eating traditional cannelloni made with the leftovers from Christmas Day.





Information

Emergency Procedure: Ambulances

In the event of an accident in the Port Tarraco marina area, if you require an ambulance please adhere to the following procedure to avoid confusion and possible delays:

1. CALL PORT TARRACO ON ANY OF THE FOLLOWING TELEPHONE NUMBERS:

Harbourmaster +34 687 100 486 24/7 Availability

Security Guard +34 678 306 719 24/7 Availability

2. PORT TARRACO WILL CONTACT THE PORT EMERGENCY SERVICES TO REQUEST AN AMBULANCE AND ENSURE THAT IT ARRIVES AT OUR FACILITIES CORRECTLY.

3. IF YOU ARE UNABLE TO CONTACT PORT TARRACO, YOU MAY RING THE PORT EMERGENCY SERVICE TELEPHONE NUMBER DIRECTLY - 900 229 900 OR THE GENERAL EMERGENCY SERVICE TELEPHONE NUMBER - 112.

4. FOLLOWING OUR REQUEST, THE PORT EMERGENCY SERVICE WILL ORGANISE THE REQUIRED AMBULANCE AND ACCOMPANY IT TO PORT TARRACO.

Medical assistance

If you require medical assistance during your stay in the marina at Port Tarraco, you have a variety of options available to you depending on the nature and severity of your illness/ailment. Please contact us and we can arrange an appointment for you with an appropriate English-speaking general practitioner or specialist. If you are unwell at night or during the weekend and would like to be seen immediately, please go to the emergency department (URGENCIAS) at either of the following hospitals:

Hospital Universitari de Tarragona Joan XXIII
Phone: +34 977 295 800
www.hj23.org

Hospital Sant Pau i Santa Tecla
Phone: +34 977 259 914
www.xarxatecla.cat

Boat/house calls

If your state of health is such that you are not able to go to a hospital, we can arrange a doctor's visit on-board the yacht or at your apartment.

For more information or help, please contact Carmen Balaña (Customer Service).

Useful telephone numbers

GENERAL EMERGENCIES	112
<small>(SOS 112 Europe - emergency phone number throughout Europe (EEC))</small>	
MEDICAL EMERGENCIES	112
FIRE DEPARTMENT	112
PORT AUTHORITY (Autoritat Portuaria)	+34 977 259 400 - Exten. 1190
PORT POLICE (Policía Portuaria)	+34 900 100 852
PORT CONTROL	+34 977 259 425
BRIDGE (Puente Móvil)	+34 977 233 663
POLICE (National police)	112





▶ POLICE (Guardia Urbana - local)	112
POLICE (Mossos d'Esquadra - Catalan)	112
MARITIME EMERGENCY (SASEMAR)	+34 900 202 202
PORT EMERGENCY (Emergencias Portuarias)	+34 900 229 900
MARITIME AUTHORITY (Capitanía Marítima)	+34 977 240 955
CUSTOMS (Aduana)	+34 977 240 703
PILOTS (Prácticos)	+34 977 240 207
ACTIVA MUTUA PORT	+34 977 241 657
ACTIVA MUTUA	+34 977 217 900
JOAN XXIII UNIVERSITY HOSPITAL	+34 977 295 800
SANTA TECLA HOSPITAL	+34 977 259 900
RED CROSS	+34 902 222 292
Reverse-charge calls (international/national)	1005/8/9
Weather report	+34 935 676 090
Tourist Information	+34 977 250 795
Local Taxi Tarragona	+34 977 221 414 /+34 977 236 064
Bus Station	+34 977 229 126
RENFE (national train service)	+34 902 240 202
Reus Airport	+34 977 779 832
Barcelona Airport	+34 902 404 704

If you lose your credit card

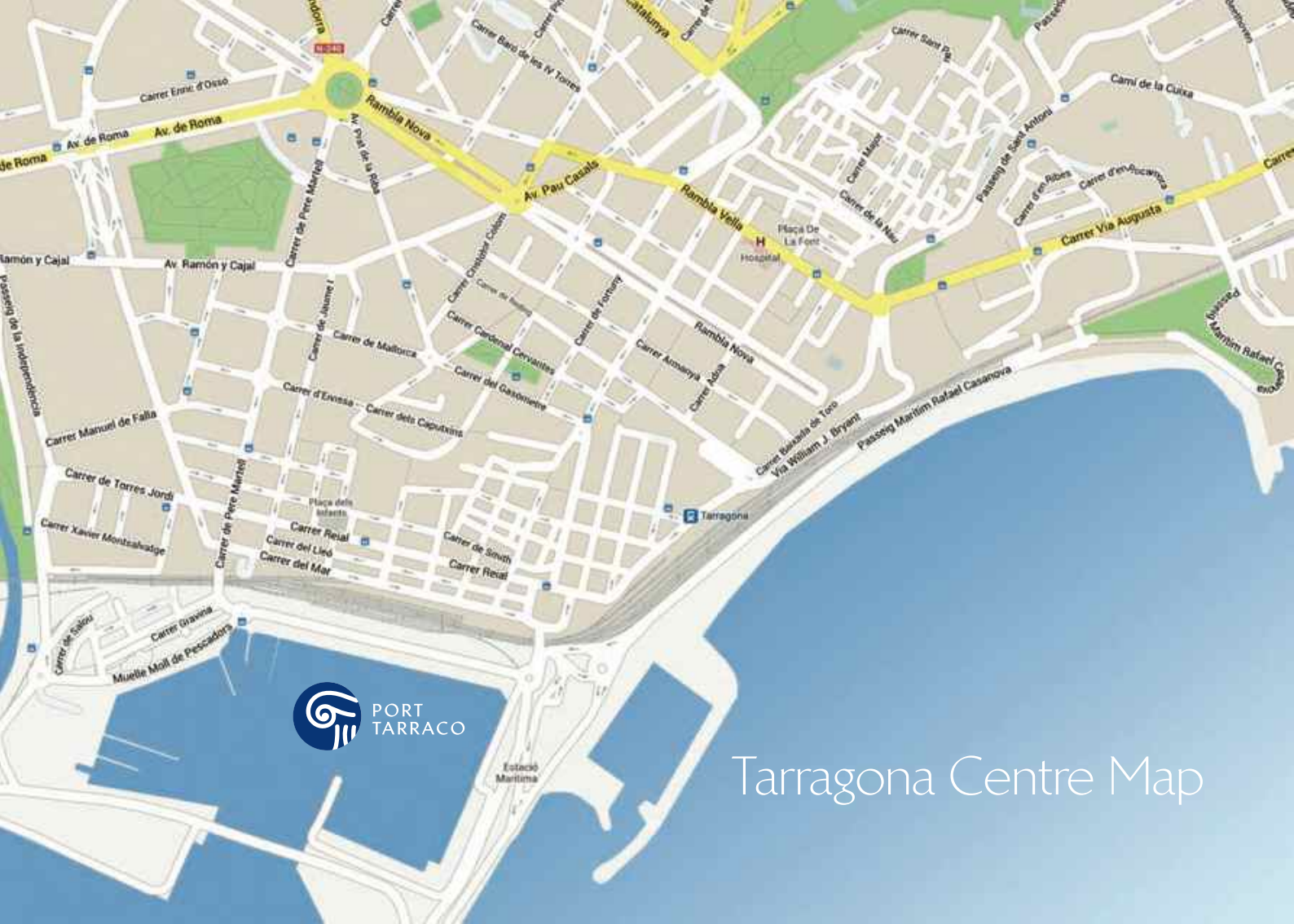
VISA, MasterCard	+34 915 196 000
American Express	+34 902 375 637
Diner's Club	+34 902 401 112

Other relevant telephone numbers and contacts at Port Tarraco

Harbourmaster +34 687 100 486 24/7 Serv (Only for Emergency)	harbourmaster@porttarraco.com
Customer Service +34 646 643 596	customerservice@porttarraco.com
Sales & Marketing Manager +34 638 526 636	sales@porttarraco.com

Security Guard +34 678 306 719 24/7 Availability
Security Access Control +34 687 415 151 24/7 Availability





PORT
TARRACO

Tarragona Centre Map

Enjoy your stay at Port Tarraco and Tarragona





PORT TARRACO

A Qatari Diar Property

Port Tarraco
Muelle de Costa, Tinglado 3 • 43004 Tarragona • Spain
T +34 977 244 173 • F +34 977 216 322
info@porttarraco.com
www.porttarraco.com